

Le Chéile Secondary School Hollystown Road Tyrrelstown Dublin 15



www.lecheilesecondaryschool.ie 01-8227181

Dear Parent/Guardian,

In light of the tragic event that has befallen our school this week with the death of our student Bradley, it is possible that your child may have some feelings and questions that they may like to discuss with you. It is important to give factual information that is appropriate to their age.

You can help your child by taking time to listen and by encouraging them to express their feelings.

All children are different and will express their feelings in different ways. It is not uncommon for children to have difficulty concentrating or to be fearful, anxious, or irritable. They may become withdrawn, cry, complain of physical aches and pains, have difficulty sleeping or have nightmares. Some may not want to eat. These are generally short term reactions. Over the course of the days to come, please keep an eye on your child and allow them to express their feelings without criticism.

We have uploaded, along with this letter some information which you may find useful in helping your child through this difficult time.

Young people frequently turn to social media to see what others are saying, or to find out more. At these times it is important that you monitor their use and engage with them about what they read. We urge you to emphasise and reinforce the need to be extremely sensitive and careful about what they post.

We are working closely with the National Educational Psychological Service (NEPs) and in addition to supporting students in the immediacy, supports will continue to be offered to any students affected by the events of this week in the new school year.

Leona Harrington Principal

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